WEST WINDSOR TAE KWON DO KICKBOXING ACADEMY

September 1, 2010

Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Zumba **10:00 – 10:50am**	**10:15am – 11:15am** **KICK BOXING**		**10:15am – 11:15am** **KICK BOXING**	**Zumba** **9:15 – 10:05am**	
4:00 – 4:30 *Private Lessons*	4:00 - 4:30 Private Lesson	4:00 – 4:30 **Little Dragons**	4:00 – 4:30 *Private Lesson*	4:00 – 4:30 **Little Dragons**	
4:30 – 5:30 Beginner	4:30 – 5:30 Advanced	4:30 – 5:30 Beginner	4:30 – 5:30 Advanced	4:30 – 5:30 Advanced	9:15 – 9:45 **Little Dragons**
5:30 – 6:30 Intermediate	5:30 – 6:00 **Black Belt Club**	5:30 – 6:30 Intermediate	5:30 – 6:00 **Black Belt Club**	5:30 - 6:30 Intermediate	10:00 – 10:45 All Belts
6:30 – 7:00 **Black Belt Club**	6:00 – 7:00 Intermediate	6:30 – 7:00 **Black Belt Club**	**6:00 – 7:00** **Township Class** **9/23 – 11/18/2010**	6:30 – 7:30 Beginner	11:00 – 12:00 **ADULT / TEENS** **KICK BOXING**
7:00 – 8:00 Advanced	7:00 – 8:00 Beginner	7:00 – 8:00 **Advanced**	7:00 – 8:00 Beginner	7:30 – 8:30 **ADULT / TEENS** **KICK BOXING**	
ADULTS / TEENS TaeKwonDo 8:00-9:00 **Kickboxing** 8:00-9:30	ADULTS / TEENS TaeKwonDo 8:00-9:00 **Kickboxing** 8:00-9:30	ADULTS / TEENS TaeKwonDo 8:00-9:00 **Kickboxing** 8:00-9:30	ADULTS / TEENS TaeKwonDo 8:00-9:00 **Kickboxing** 8:00-9:30		

Beginner = White Belt to Senior Yellow Belts
Intermediate = Green Belt to Blue Belt

Advanced = Sr. Blue, Brown, Red and Black
TEENS = 13 –16, ADULTS = 17 and Above

NOTE: PRIVATE LESSONS ARE TO BE SCHEDULED IN ADVANCE

Master Steven Phillips
(609) 799-0088

WWTAEKWONDO.COM
Email: wwTaeKwonDo@Comcast.net